

## Laser Hair Removal Post-Treatment Care

- Immediately after treatment, there is normally redness and bumps on the treated area, which may last up to two hours or longer. It is normal for the treated area to feel like sunburn for a few hours.
- Makeup may be used after the treatment, but make sure you have moisturizer under the makeup.  
Moisturizer helps the dead hair exfoliate from the follicle, so use moisturizer **frequently** and freely on the treated area.
- Avoid sun exposure to reduce the chance of dark or light spots. Use sunscreen SPF 30 or higher at all times throughout the course of the treatment.
- From 2 - 30 days after the treatment, shedding of the hair may occur, which may look like new hair growth. This is not new hair growth, but dead hair pushing its way out of the follicle. You can help the hairs exfoliate by taking a hot shower and rubbing with a washcloth.