

## Laser Hair Removal Pre-Treatment Care

- The area to be treated must be clean-shaven prior to coming in for treatment. Unshaven clients will be rescheduled and charged a \$25 fee \*\*\*
- Avoid UV exposure and any self-tanning products for at least 2 weeks prior to treatment.
- Clients who are tanned or sunburned must wait at least 2 weeks before being treated in order to avoid additional skin damage.
- If applicable, apply numbing cream 60 minutes prior to treatment. If you need a prescription for the numbing cream, please contact the office prior to your laser hair removal treatment and provide the staff with your pharmacy number.
- Clients should come to their treatment with clean skin in the area to be treated.
- Avoid all alpha hydroxy and beta hydroxy products (AHA/BHA), hydroquinone's, retinols/retinoids, aspirin, Tazorac, Differin, and Vitamin E products for at least 2 weeks before your treatment.
- Clients with any abnormal lesions, moles or spots on the area to be treated must be cleared by a medical practitioner prior to treatment.
- For hair removal clients, stop waxing, tweezing or plucking 3 weeks prior to treatment.
- If you are prone to cold sores, take an anti-viral medication (such as Valtrex) prior to your treatment.
- Clients who have used Accutane, or similar products, within the last 6 months CANNOT have laser hair removal treatments.
- Clients should not perform any physical activity that increases body temperature or blood pressure within 2 hours before or after laser treatments.
- If you are prone to histamine (allergic) reactions inform us prior to receiving any laser treatments.
- Before each treatment, please inform us if you are taking any antibiotics or medicates, as they may make your skin photosensitive and therefore we may not be able to treat you for 1-2 weeks after completion of the antibiotic.