

Sculptra Instructions

1. Please stop taking aspirin and/or Ibuprofen or any supplements that can cause bleeding 2 weeks prior to treatment. If you are taking any over the counter or prescription blood thinning medication for a medical condition please talk to Dr. Aria before stopping medication.
2. Please apply the topical anesthetic cream 1 hour prior to visit on both cheeks and face. We recommend using half the tube for each treatment. It is ok to reapply multiple coats before visit.
3. After the procedure, we ask that you massage the injection site for 3-5 minutes, twice a day for 5 days.
4. When you schedule your Sculptra appointment we ask that you make the payment so that we may reserve your appointment time. We will contact you one week before your scheduled appointment to confirm the appointment time so that we know to mix your medication. It is preferred that the medication be premixed approximately 1 week in advance. If you do not call us back to confirm your appointment, we will be unable to mix your medication which may result in the cancellation of your procedure. Once your medication has been mixed, we must see you for your visit. In the rare case of an emergency, please contact the office, we will make all efforts to reschedule your appointment, but there will be a \$350 rescheduling fee.

We are pleased to provide you with cosmetic services during today's visit, however medical concerns require a separate, non-cosmetic appointment. If you do have a medical concern and time permits we will do our best to accommodate those concerns. Please note, medical visits are subject to a copay/deductible depending on your insurance.

Date _____ Patient's Signature _____

Date _____ Witness to Signature _____