

## Wound Care:

### Post Procedure Care Instructions

For a shave biopsy or excision, there is gauze and tape on the site now. You may leave it on until you shower next, preferably tomorrow morning, and then you can replace it with Vaseline and a regular bandage. If you would like to leave it open, that is OK and you may shower normally (no restrictions). We strongly advise you to avoid public pools. After excisions, exercise may be limited depending on the location of your sutures. For example, sutures on the shoulder will limit overhead lifting motions. For pre-cancerous areas treated with liquid nitrogen, you should expect these areas to turn red and scab in the next few days. The scab should fall off in the next week or two. You may wash your face and moisturize normally, and it is important that you try to avoid sun exposure. You may use makeup to camouflage the areas if desired.

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